

## Got baggage? How to navigate your emotional journey to resolution

Title of event: *Got baggage? How to navigate your emotional journey to resolution*

Time of event: 12:15 – 12:45pm (MST)

Date: September 13, 2017

Event Info Content: Join us for our next Balbi L.A.W. seminar hosted by Lily Rabinovitch, with special guests and Calgary psychologists Brian Shustack and April Byers.

We will be discussing common emotions through the resolution process, like uncertainty, mistrust and stress. Our host and guests will share their insights and tips on how to navigate these challenges, which can get in the way of your legal resolution or rebuilding after divorce.

We are pleased to offer this seminar by live webinar in addition to our usual teleconference format.

Email us at [balbico@familylaw-balbi.com](mailto:balbico@familylaw-balbi.com) for the details on attending the seminar by phone or visit our Facebook Page on September 13, 2017 for a link to the live webinar.

We look forward to seeing you there. Stay tuned for details about our upcoming L.A.W. seminars.





## Bios

April Byers:

[https://therapists.psychologytoday.com/rms/prof\\_detail.php?profid=204233&p=4&gid=106568&zipcode=T3B&rec\\_next=1](https://therapists.psychologytoday.com/rms/prof_detail.php?profid=204233&p=4&gid=106568&zipcode=T3B&rec_next=1)

I am a registered psychologist trained in the areas of neuroscience, assessment, counselling, and community rehabilitation and disability studies. I also have training in school psychology and also have an in-depth background in neurological disease/injury, family mediation, conflict resolution, developmental/complex trauma, and mood disorders. I also provide therapy and/or education for parents, kids and extended family members who are experiencing separation and divorce.

Brian Shustack <https://sites.google.com/site/brianshustack/>

What can I tell you besides the basics and a bit of my philosophy:

I'm a Ph.D. psychologist (University of Calgary, 1986) and have been in private practice for over 25 years. I've also worked at Jewish Family Services, City University, and am currently employed at the Calgary Board of Education.